

#### DEPARTMENT OF THE NAVY

CHIEF OF NAVAL EDUCATION AND TRAINING 250 DALLAS ST PENSACOLA FLORIDA 32508-5220

> CNETINST 1533.17E OTE7/0821 0 5 NOV 1998

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# CNET INSTRUCTION 1533.17E

REGULATIONS FOR THE ADMINISTRATION AND MANAGEMENT OF THE

NAVAL SCIENCE INSTITUTE (NSI) PROGRAM

(a) CNETINST 1533.12F Ref:

Encl: (1) Naval Science Institute Standard Operating Procedures Manual

To prescribe the standard operating procedures for the NSI Program under the authority contained in reference (a).

Cancellation. CNETINST 1533.17D 2.

- Information. NSI is an academic and professional Naval Science program provided during the summer months to prepare selected college students and active duty Enlisted Commissioning Program candidates for the last two years of Naval Science instruction at a Naval Reserve Officers Training Corps (NROTC) The program includes academic instruction in Naval Science, Seapower, Weapons and Engineering, physical fitness (including PRT and 3/C swim qualification) and military training, which brings the candidates to the same level as midshipmen NSI satisentering the junior class in the four-year program. fies the requirements of federal law regarding eligibility to enter the NROTC advanced course without previously completing the basic course.
- Enclosure (1) provides general and, in certain cases, Scope. specific instructions for the conduct of NSI. The procedures and restrictions are mandatory for all NSI staff. However, the instruction does not purport to provide every detail of program operations. This guidance should be implemented and elaborated upon as appropriate to best accomplish the objectives of the Naval Science Institute.
- 5. Action. All staff assigned to NSI shall read and be familiar with the NSI Manual and shall comply with its specific directives and requirements.

F. M. DIRREN, JR.

Acting

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# NAVAL SCIENCE INSTITUTE STANDARD OPERATING PROCEDURES MANUAL

CNET P1533/8 (Rev. 8-98)

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### FOREWORD

# NAVAL SCIENCE INSTITUTE

The Naval Science Institute (NSI) is an intensive 7-week academic, military, and physical training program conducted each summer by the Chief of Naval Education and Training (CNET) for students entering the Two-Year NROTC Program and for enlisted personnel entering the Navy Enlisted Commissioning Program (ECP). Academic work includes: Introduction to Naval Science, Naval Ship Systems I (Engineering), Naval Ship Systems II (Weapons), and Sea Power and Maritime Affairs.

#### INTRODUCTION

- 1. The objective of the NSI Program is three-fold:
- a. TO PROVIDE EACH CANDIDATE WITH THE ACADEMIC, MILITARY, AND PHYSICAL TRAINING NECESSARY TO FAVORABLY COMPARE WITH MID-SHIPMEN WHO HAVE COMPLETED THE FIRST TWO YEARS OF NROTC TRAINING;
- b. TO EVALUATE EACH CANDIDATE TO ENSURE THAT ONLY THOSE WHO DEMONSTRATE A HIGH DEGREE OF MOTIVATION TOWARD A CAREER IN THE NAVAL SERVICE AND POTENTIAL FOR FUTURE DEVELOPMENT IN MIND AND CHARACTER ARE ALLOWED TO ENTER THE ADVANCED NROTC PROGRAM; AND
- C. TO MOTIVATE EACH CANDIDATE SO THAT THOSE WHO COMPLETE THE NAVAL SCIENCE INSTITUTE PROGRAM AND ARE RECOMMENDED FOR THE ADVANCED NROTC PROGRAM JOIN AN NROTC UNIT WHEN THEY RETURN TO COLLEGE.
- 2. Accomplishment of this objective during a 7-week period will challenge the professional abilities of each and every staff member. Broad participation in all activities by every staff member will be necessary. Planning and management of this short training period must be exceptionally efficient and training facilities must be utilized to their maximum efficiency.
- 3. Naval Science Instruction equivalent to the first two years of NROTC is the primary mission of the NSI program. Student mastery of course objectives is essential. The academic course of instruction is outlined in Chapter II. Specific course development will be by the curriculum course coordinator and promulgated by the Officer-in-Charge.
- 4. The physical training requirements specified in Chapter III are minimum requirements. Physical fitness tests, swim tests, competitive sports, and evolutions designed to challenge the physical fitness of the candidates will be scheduled as appropriate. The objective of physical fitness training is to incrementally improve the physical condition of each candidate. Successful participation in physical fitness training should improve the candidate's physical confidence and thereby increase his/her desire for future academic, physical, and military development.
- 5. Military training requirements are specified in Chapter IV. The objective of these requirements is to train each candidate in the fundamentals of military drill, the essentials of military bearing, the need for military respect, basic procedures for a formal inspection (material and personnel), command evaluation, and leadership qualities. Formal military training will be emphasized throughout the 7-week period.

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6. To graduate from the NSI program, a student will meet the following minimum requirements: have qualified as Third Class Swimmer, have scored at least a good on the Navy's Physical Readiness Test and be within the Navy's weight or body fat standards, have an overall academic average of at least 70% with no course failures and have a military aptitude grade of at least 70%. On a strict case-by-case basis, the Officer-in-Charge may, at his discretion, graduate a student who has the potential to successfully complete the NROTC program but who does not meet the above requirements. In each such case, the OIC will provide an explanation of the particular circumstances in the NSI Final Report and in a letter to the receiving unit PNS. If possible, students should also be medically qualified by DODMERB or granted a waiver.

#### CHAPTER I

### **ORGANIZATION**

- 1. Objective. The objective of this chapter is to provide in general form the NSI staff organization, as well as staff and candidate guidance. The following organization policy is intentionally general in form so as not to limit initiative or reduce the flexibility necessary for NSI to meet its objectives. More specific guidance may be provided by instructions and notices promulgated by the NSI Officer-in-Charge (OIC) as necessary. A list of collateral duty assignments will be promulgated at the commencement of NSI.
- 2. Organization. The Staff Organization Chart is attached as Appendix I-A.
- 3. <u>Staff</u>. The OIC and AOIC will be assigned on an alternating basis each year from the Boston-MIT Consortium and Holy Cross NROTC units. The remaining staff will be assigned from units throughout the NROTC system. The OIC will screen all NSI staff nominees and provide CNET with a final recomended list.

# 4. Staff Guidance

a. Reporting Procedures. All staff members will be directed to report to NSI approximately one week prior to commencement of classes to ensure all preparations are complete prior to the arrival of students.

# b. Responsibilities

- (1) OIC Responsible to the Chief of Naval Education and Training (CNET) for the satisfactory attainment of the three-fold NSI objective.
- (2) <u>Assistant OIC (AOIC)</u> responsible to the OIC for all administration and logistics and for the satisfactory completion of the NSI program, as specified in this manual, and as directed by the OIC.
- (3) <u>Safety and Wellness Officer</u> responsible to the AOIC for establishing and enforcing safety procedures. Additionally responsible for maintaining illness/injury reports and reporting trends and observations to the OIC. Furthermore, the safety officer will ensure that safety is given its due consideration in every NSI evolution on or off base.
- (4) Admin/Operations Officer responsible to the AOIC for coordinating all training objectives and evolutions and overseeing the activities of the Company Officers/Assistant Company Officers. Additionally responsible for establishing and publishing all training schedules and for scheduling and arranging for

the use of facilities, services, and equipment needed. Three such schedules are recommended: a long-range planning schedule for the entire training cycle to facilitate coordination with host and servicing organizations; a weekly schedule; and a detailed daily schedule. A typical daily schedule is included as Appendix I-C. Responsible to the OIC via the AOIC for the supervision of the NSI administrative office. Ensures timely completion of staff requirements for word processing, receipt of candidates, endorsement of orders, coordination with medical authorities, coordination of pay matters, and administration of various funds. Acts as immediate supervisor for the assigned Supply Officer in supply and fiscal matters. Also coordinates arrangements for staff and student transportation in support of NSI objectives. Additionally, is responsible for inputting and processing data needed to complete candidate performance evaluations.

- (5) Company Officer responsible to the Admin/
  Operations Officer for the health, safety, and welfare of NSI
  students and for counseling candidates on NSI military, academic,
  and physical training programs. The Company Officer shall strive
  to maximize the training for each individual candidate. Serves
  as point of contact for students desiring further information
  about the surface, submarine, and aviation communities, as well
  as other specific groups such as the nuclear, supply, Engineering
  Duty Officer (EDO), etc., communities. Company Officers will
  supervise and participate in all Company Officer time and organized non-classroom activities of the companies they advise and
  will be the primary source for aptitude evaluation of candidates
  during NSI.
- (6) <u>Assistant Company Officer</u> a U.S. Marine senior staff noncommissioned officer (NCO) assigned to assist military and physical training aspects of the NSI program. The Assistant Company Officer is responsible for assisting the Company Officer with the planning, scheduling, supervision, evaluation, and reporting of evolutions concerned with military and physical training for the company.
- (7) Academics Officer (Senior Academic Instructor) responsible to the AOIC for all matters relating to the quality and content of academics, the primary objective of NSI. Academics Officer will ensure all academic training is coordinated and scheduled through the Admin/Ops Officer. The Academics Officer will also coordinate and teach, in conjunction with the other course instructors, Introduction to Naval Science.
- (8) <u>Instructors</u> responsible to the Academics Officer for the quality of instruction in each assigned subject area. Each instructor will review and update the respective syllabus prior to reporting to NSI. This includes review of lesson plans, instructor guides, schedules, etc., to ensure specific training objectives and goals are satisfied. The instructors will collect and consolidate all training materials, quizzes, critiques,

instructors' comments and recommendations and modifications to the NSI program described in this manual to ensure continuity of training in the assigned subject area. The instructors will collect, review and maintain a record of all grades and evaluations. Instructors will be available as required to provide assistance to students during study periods. Instructors for the appropriate course will be assigned to conduct review sessions during evening study the day prior to all exams.

## 5. Candidate Guidance

a. Reporting Procedures. Students should not arrive prior to their directed reporting dates. Appendix I-B lists inprocessing milestones that must be completed in the first few days of NSI. All required administration, book issue, uniform issue, etc., should be completed prior to commencement of classes.

# b. Staff-Candidate Relations

- (1) NSI USN/USNR candidates retain their status as military personnel assigned temporarily to NSI under instruction. They remain subject to the Uniform Code of Military Justice (UCMJ) and <u>U.S. Navy Regulations</u> under which they retain basic rights and privileges, except those which may be lawfully modified by competent authority for NSI instructional purposes.
- (2) NSI civilian candidates are, in effect, temporary employees of the Department of the Navy who have been requested to attend NSI. They are not formally subject to the UCMJ or U.S. Navy Regulations. They may, however, be dismissed from NSI and their employment terminated at the discretion of the OIC for acts or omissions that would constitute violations if their status were military rather than civilian. In addition, both enlisted and civilian NSI candidates may be separated during the course of NSI for demonstrated lack of aptitude for the academic or training requirements.
- (3) NSI staff are military personnel from NROTC units who are temporarily assigned to NSI. They remain subject to the UCMJ and <u>U.S. Navy Regulations</u>, as well as all pertinent NSI directives and orders of the OIC in their contacts with both other military personnel and civilian candidates.
- c. <u>Restrictions</u>. In addition to the UCMJ, <u>U.S. Navy</u>
  <u>Regulations</u>, and NSI orders and lesson plans, the following
  restrictions apply to NSI staff personnel in all contacts with
  NSI candidates, both military and civilian:
- (1) All NSI staff personnel are prohibited from touching the person or clothing of candidates except while acting within the scope of their authority for the purpose of:
  - (a) Conducting an inspection.

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- (b) Examining personnel, clothing, or equipment for compliance with regulations.
  - (c) Fitting/correcting clothing or equipment.
  - (d) Correcting a military position or hand salute.
- (e) Correcting position during close order drill or under the Marine Corps Drill and Ceremonies Manual (NAVMC 2691).
  - (f) Preventing bodily injury or harm.

When touching a candidate or clothing for any of the above purposes, no person shall come in physical contact to a greater extent or with greater force than is reasonably necessary to accomplish the authorized purpose.

- (2) All NSI staff personnel are prohibited from engaging in business or financial transactions with candidates, except as may be specifically authorized by the OIC. NSI personnel shall neither solicit nor accept from candidates any gift, donation, testimonial, loan, pledge, or bribe in the form of money, personal service, or other thing of value, for themselves or any other person. Further, NSI staff personnel shall not:
  - (a) Loan money or other valuables to a candidate.
- (b) Hold money, jewelry, clothing, or other valuables for a candidate.
  - (c) Act as agent for a candidate in making purchases.
- (3) All NSI staff personnel will act in a manner not to deny candidates the following rights:
- (a) To have uninterrupted sleep during periods scheduled for sleep, except for authorized guard or security duty, fire drills, NSI authorized searches, or quietly waking for administrative or personal reasons.
- (b) To remain in <u>no duty</u> or <u>light duty</u> status, as appropriate, while in possession of valid authorizations provided by medical or dental personnel.
- (c) To receive on date of delivery all mail including letters, literature, newspapers, and packages.
- (d) To be allowed reasonable time to write letters and to maintain privacy of written correspondence, both incoming and outgoing, without censorship or review.
  - (e) To request mast before the OIC.
  - (f) To attend divine services of choice.

- (g) To be allowed reasonable time to attend to pending administrative matters, including personal affairs.
- (h) To receive guests under regulations and at times prescribed.
- (4) <u>Punishment</u>. Any formal punishment of NSI enlisted active duty candidates must be in strict accordance with the UCMJ, <u>U.S. Navy Regulations</u> and NSI directives. Other than such formal punishment procedures, NSI personnel are limited to the following disciplinary procedures as prescribed by the NSI OIC:
- (a) Assignment of extra military training during periods otherwise scheduled as liberty or free time.
  - (b) Verbal reprimand.
  - (c) Personal counseling.
- (d) Written admonishment in the form of adverse performance or leadership evaluation.
- (e) Assignment of a written essay, not to exceed 300 words, on the subject of the particular disciplinary incident.

ANY FORM OF GROUP PUNISHMENT OR DISCIPLINARY ACTION FOR INDIVIDUAL INFRACTIONS IS SPECIFICALLY PROHIBITED.

- (5) <u>Hazing</u>. As a form of discipline or as a form of initiation or qualification ceremony, hazing is specifically prohibited. <u>Hazing</u> here means to oppress, punish, or harass by forcing to do hard and unnecessary work, or to initiate or discipline by means of horseplay, practical jokes, or tricks. In addition, staff personnel should not permit hazing by fellow candidates to be inflicted on any candidate or group of candidates.
- d. <u>Sexual harassment</u> will not be condoned or tolerated at NSI. The OIC will ensure that all NSI personnel have a thorough understanding of the SECNAVINST 5300.26B CH-1 definition of sexual harassment. Any instances of sexual harassment will result in prompt corrective and disciplinary action.

# e. Fraternization

(1) OPNAVINST 5370.2A states that fraternization is the term traditionally used to identify personal relationships that contravene the customary bounds of acceptable senior-subordinate relationships. Although it has most commonly been applied to officer-enlisted relationships, fraternization also includes improper relationships and social interaction between officer members as well as between enlisted members.

(2) Historically, and as used in this instruction, fraternization is a gender-neutral concept. Its focus is on the detriment to good order and discipline resulting from the erosion of respect for authority inherent in an unduly familiar senior-subordinate relationship, not the sex of the members involved. In this sense, fraternization is a uniquely military concept, although abuse of a senior's position for personal gain and actual or perceived preferential treatment are leadership and management problems that also arise in civilian organizations. In the context of military life, the potential erosion of respect for the authority and leadership position of a senior in grade or rank can have an enormously negative effect on good order and discipline and seriously undermine unit effectiveness. The prohibition of fraternization, therefore, serves a valid, mission essential purpose.

# f. Candidate Disenrollment

(1) General Policy. NSI candidates may either disenroll at their own request (DOR) or be disenrolled for failure to demonstrate satisfactory performance during NSI. In cases of DOR, the candidate shall be counseled by the chain of command relative to the consequences of such a decision. In no case shall coercive language or gestures be used in an attempt to dissuade a candidate from the decision to disenroll. who display substandard performance in aptitude, academics, or physical readiness, as outlined in reference (a), shall be counseled by Company Officers and the AOIC, as appropriate, and given seven training days to show a trend of improving performance. At the end of that time period, a board presided over by the AOIC and two other staff members-the AO and Operations Officer-shall be convened to evaluate the individual's progress. The Board shall then make a recommendation to the OIC to either retain or disenroll the student. The candidate shall be allowed to appear before the board and the company officer should be present.

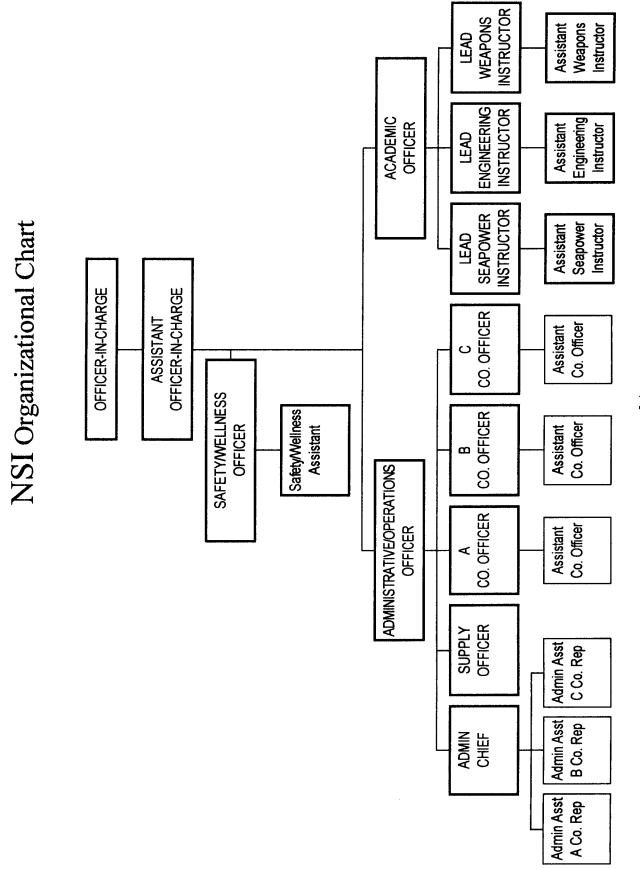
# (2) Disposition of Disenrollees

- (a) ECP candidates and active duty enlisted NROTC program candidates who are disenrolled should be transferred to the nearest Personnel Support Activity Detachment (PERSUPP DET). The PERSUPP DET will then make the individual available for reassignment by message to the Bureau of Naval Personnel. The PERSUPP DET shall be requested to make CNET an information addressee on this message. Telephone report of the disenrollment should be made to CNET (OTE5/0841).
- (b) NROTC Scholarship or College Program candidates who disenroll or are disenrolled shall be sent home as soon as travel arrangements can be made and administrative processing completed. All uniforms and equipment which were obtained with appropriated funds must be turned in by the disenrollee. In no case shall an NROTC NSI candidate be detached until all medical issues are

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resolved and documented. A full record of any disenrollment situation which involves injury or illness should be assembled and sent to CNET (OTE6/0811). This record is vital in the event the disenrollee later makes a claim against the government.

g. Professional Standards. As prospective Navy and Marine Corps officers, students who are either not accustomed to a military environment or making a transition from enlisted status should be exposed to the highest standards of appearance, grooming, behavior, physical fitness, courtesy, customs, and tradition. The staff at NSI is responsible for setting this impeccable example for students, with only exemplary individuals selected for duty at NSI. Staff members will ensure that students learn and adopt the standards specified for NROTC midshipmen. Absolute compliance with U.S. Navy Regulations, Standard Organization and Regulations of the U.S. Navy, Uniform Code of Military Justice, U.S. Navy Uniform Regulations, and other pertinent directives is the goal. Enforcement is achieved through personnel and material inspections, evaluation and grading systems, classroom training, and personal contact.



I-A

# IN-PROCESSING RESPONSIBILITIES AND MILESTONES

EVENT RESPONSIBLE STAFF

CHECK-IN ADMINISTRATIVE OFFICER MEDICAL SCREENING/CLEARANCE SAFETY & WELLNESS OFFICER

ASSIGNMENT TO COMPANIES OPERATIONS OFFICER
HYDRATION SAFETY & WELLNESS OFFICER

ALL SCHEDULING FOLLOWING CHECK-IN OPERATIONS OFFICER

UNIFORM ISSUE STOREKEEPER

PHYSICAL READINESS EVALUATION

TEXTBOOK ISSUE ACADEMIC OFFICER

SWIM TEST/ COMPANY OFFICERS

WELCOME ABOARD BRIEF OFFICER-IN-CHARGE

BARRACKS ASSIGNMENT ASSISTANT COMPANY OFFICERS

DRILL ASSISTANT COMPANY OFFICERS

# TYPICAL DAILY SCHEDULE

TIME	EVENT DESCRIPTION
0530	REVEILLE
0530-0600	PREP TIME
0600-0630	COMPANY TIME
0630-0700	BREAKFAST
0700-0730	PREP FOR PT
0730-0900	PHYSICAL TRAINING
0900-0945	CLEAN-UP
1000-1115	ACADEMIC INSTRUCTION
1130-1230	LUNCH
1230-1300	PREP TIME
1300-1415	ACADEMIC INSTRUCTION
1430-1545	ACADEMIC INSTRUCTION
1545-1715	COMPANY TIME
1715-1800	SUPPER
1830-2100	STUDY PERIOD
2100-2200	PERSONAL TIME
2200	TAPS

Note: Sufficient study time and company officer briefing and counseling time must be allotted throughout the day commensurate with reasonable college level study-time to class-time ratio.

#### CHAPTER II

# NAVAL SCIENCE ACADEMIC REQUIREMENTS

- 1. <u>Objective</u>. The objective of this chapter is to outline the basic guidelines necessary to maintain academics as priority one. To satisfy this objective, the following conditions must be assured:
- a. The promulgated schedules must be followed. If scheduled lectures cannot be completed during the week, other arrangements must be made.
- b. The environment and atmosphere of NSI must be firmly controlled with strict discipline and organization maintained.
- c. Instructors must be exceptionally qualified and their preparation fully completed prior to commencement of NSI. The NSI CO will provide NSI curriculum/instructor guides to the instructors prior to NSI to allow sufficient time for instructors to prepare detailed lesson plans. All instructors should have taught the assigned NSI course for at least one full semester or term before arrival at NSI.
- d. Student reading and understanding of assignments prior to attending class is absolutely essential.
- e. All administration, physical training, military training, lectures, and other briefings will be scheduled around and on a not-to-interfere basis with the academic curriculum. Academics include an adequate study-time to class-time ratio.
- 2. <u>Lesson Outlines</u>. Specific, detailed lesson plans will be developed by subject instructors using the latest CNET P1550/5, <u>Introduction to Naval Science</u>; CNET P1550/4, <u>Naval Ship Systems I (Engineering)</u>; CNET P1550/1, <u>Naval Ship Systems II (Weapons)</u>; and CNET P1550/6, <u>Sea Power and Maritime Affairs</u> as guides.

### CHAPTER III

#### PHYSICAL TRAINING PROGRAM

# 1. Objectives

- a. The primary objective of the NSI Physical Training Program is to ensure that all candidates, at a minimum, pass the test for Third Class Swimmer and to develop, through organized periods of exercise and training, a level of physical conditioning that exceeds the minimum requirements of the Navy Physical Readiness Test (PRT). This training will become a foundation for a personal program of excellence in physical fitness. As a condition for entry into the NROTC advanced course, all candidates are required to achieve a score of good or better for their age group on the PRT and be within the Navy's physical standards prior to graduation from NSI.
- b. A secondary objective of the physical training program is to <u>develop positive attitudes in students</u>. Participation in physical training should positively influence their physical self-confidence, attitude, and level of aspiration.
- 2. <u>Initial Phase (First Three Weeks)</u>. To meet the above objectives, the program is designed to develop overall conditioning to cover both upper body strength and cardiovascular endurance. As candidates will arrive in various stages of conditioning, physical training must start at a minimum level with emphasis on warm-up and stretching throughout the first week. The next two weeks should pick up the pace by the use of formation and individual runs and repetitive exercises such as pushups, situps, and other routines. A 15-minute warm-up and stretching period will be conducted prior to exercising. A 15-minute cool down and stretching will follow the exercise.
- a. <u>Cardiovascular Conditioning</u>. Because of the importance of cardiovascular endurance, aerobic type exercise (running) will be scheduled for 20-30 minutes three times a week as a minimum. Following the normal warm-ups and stretching, the runs should be individual effort and measured by time run vice distance, i.e., all run for a minimum of 20, maximum of 30 minutes. This allows candidates to run at their own pace allowing each to work to their individual conditioning potential. Occasional formation runs and individual runs for distance vice time can also be worked into the schedule.
- b. <u>Strength</u>. The objective of this phase is to develop and maintain the strength of the upper torso. Strength builder examples include basic exercises, pushups, etc.

- 3. <u>Final Phase (Final Four Weeks)</u>. Starting the fourth week, exercises consisting of strength and cardiovascular conditioning should be alternated as much as possible. The purpose of this alternating program is two-fold.
- a. Reduce the amount of fatigue in a fast-paced academic environment.
- b. Allow for sufficient recovery time between strenuous exercises.
- 4. <u>Testing</u>. Candidates will take a physical readiness test shortly after their arrival at NSI, approximately at the midpoint and their final graded test shortly before graduation.

# 5. Swimming Test

- a. Midshipmen must qualify as Third Class Swimmer by the end of NSI (MILPERSMAN 6610120).
- b. Third Class swimming qualification tests will be given to students early in the program. Those who fail to qualify shall participate in remedial swimming instruction until they pass. Lack of progress toward this required goal is justification for considering the candidate for disenrollment for inaptitude.
- 6. <u>Safety</u>. To ensure the safety of all candidates, the following procedures will be strictly enforced during all phases of the training program:
- a. All training will be conducted under the supervision of qualified instructors and in accordance with the OIC's approved training program.
- b. Candidates will participate only in physical training for which they have been medically authorized.
- c. Physical training shall not be conducted when environmental conditions, such as extreme heat, rain or lightning make training unreasonably taxing or appreciably increase the risk of injury.
- d. Training Time Out (TTO) procedures should be incorporated in all physical readiness training and testing. Instruction should be conducted for staff and candidates so that all are familiar with the meaning of TTO. TTO means the individual or the group, depending on the circumstances, should stop the event. TTO may be invoked when individuals consider themselves overstressed, hurt, or require additional instruction or assistance. TTO may also be applied to the entire group participating whenever a condition is detected which could result in causing individuals sickness or injury. Any individual needing time out shall, in all events (except swimming), stop, stand if possible, and

raise the right hand until a staff member arrives. When swimming, proceed to the nearest edge of the pool, hang on to the edge and raise the right hand. A staff member shall then proceed to the individual as quickly as possible to determine the cause of the time out. TTOs must be encouraged and positively accepted by the staff so that safety is not sacrificed to fear, intimidation, or expediency.

#### CHAPTER IV

#### MILITARY TRAINING PROGRAM

- 1. Objective. To provide candidates with a background and level of experience in basic military organization and an exposure to the fundamentals of military leadership comparable with that of a third-year NROTC student. In addition, the program provides the essential organization and management structure for effectively and efficiently scheduling and moving candidates to NSI activities. The program includes basic lectures, instruction, demonstrations and practice on military dress, customs, courtesies, drill, and review procedures as well as periodic personnel and spaces inspections. This program will complement and supplement the Naval Orientation academic course. It may include indoctrination in small arms handling and firing where resources permit. Specifically, military training will teach the student to:
- a. Conduct military ceremonial functions including parade formation and platoon drill.
  - b. Exercise a military unit in basic evolutions.
  - c. Present a military unit for inspection.
- 2. Organization. The NSI Battalion will be organized for both military training and administrative/scheduling purposes into three or more companies of two platoons each. This organization will be implemented during the candidate check-in phase of NSI prior to commencement of classes. During the first five weeks, leadership positions will be rotated among all candidates to enable each to serve in at least one leadership position.
- 3. <u>Responsibility</u>. The Admin/Operations Officer will be responsible for developing the military training curriculum which will be used by Company Officers and Assistant Company Officers in military training instruction.
- 4. <u>Reference</u>. The <u>Marine Corps Drill and Ceremonies Manual</u> (NAVMC 2691) (PCM 100 013379 00) will be the primary guide and reference in the conduct of the Military Training Program.

#### CHAPTER V

# PROFESSIONAL DEVELOPMENT PROGRAM

- 1. <u>Purpose</u>. Professional development provides training opportunities outside the regular syllabus that augment lessons learned in the Naval Science, Military Training, and Physical Fitness curricula. The program provides tours and demonstrations which are directly related to academic subjects and Navy warfare specialty courses.
- 2. <u>Activities</u>. The Admin/Operations Officer will arrange static displays, demonstrations, and laboratories to enhance regular training, as directed by the OIC. In addition, he/she will arrange, where practicable:
  - a. Training/orientation visits on board surface combatants.
  - b. One-day submarine orientation.
  - c. Panel discussion on transition from NSI to NROTC.
  - d. Damage control training.
  - e. Static Steam Display orientation.
  - f. Naval Heritage Day in Boston.